

# HaNoi Pho – Food Allergens and Sensitivities

| Menu Item                              | Crustacean, Shellfish or Fish | Eggs | Nuts (Peanuts, sesame...) | Soy (beans or sauce) | Wheats (batter, gluten) | Flavor enhancer (msg, or otherwise noted) |
|--|-------------------------------|------|---------------------------|----------------------|-------------------------|---|
| <b>Appetizer</b>                       |                               |      |                           |                      |                         |   |
| #1 - Spring rolls                      | Shrimp, Fish sauce            | x    | Sesame oil                | x                    | x                       | X   |
| #1V - Veggie spring roll               | Fish sauce                    | x    | Sesame oil                | x                    | x                       | X   |
| #2 - Salad roll                        | Shrimp                        |      | Peanut sauce              |                      |                         |   |
| #3 - Fried wonton                      | Shrimp                        | X    | Sesame oil                | X                    | X                       |   |
| #4 - Fried jumbo shrimps               | Shrimp                        |      |                           |                      | X                       |   |
| #5 - Calamari                          | Squid                         | X    |                           |                      | X                       |   |
| #6 - Diced periwinkles                 | Periwinkles                   |      |                           |                      |                         |   |
| #7 - Shrimp galletes                   | Shrimp, fish sauce            | X    |                           |                      | X                       |   |
| #8 - Quail                             |                               |      | Sesame oil                | X                    |                         |   |
| #9 - Diced beef                        |                               |      |                           | X                    |                         | X   |
| #10 – Cabbage salad                    | Shrimp, fish sauce            |      | Peanuts                   |                      |                         |   |
| #11 – Papaya salad                     | Shrimp, fish sauce            |      | Peanuts                   |                      |                         |   |
| #15 – Wonton soup                      | Shrimp                        |      | Sesame oil                | X                    | X                       | X   |
| #16 – Hot/sour seafood soup            | Shrimp, squid, scallop        |      |                           |                      |                         | X   |
| <b>Noodle soups</b>                    |                               |      |                           |                      |                         |   |
| #20 - #26                              |                               |      |                           |                      |                         | X   |
| #28 - Seafood noodle soup              | Shrimp, squid & scallop       |      |                           |                      |                         | X   |
| <b>Vermicellis</b>                     |                               |      |                           |                      |                         |   |
| #30 – With spring rolls                | See #1                        |      |                           |                      |                         |   |
| #31 – With grilled meat                | Fish sauce                    |      |                           |                      |                         |   |
| #32 – With grilled meat & spring rolls | See #1                        |      |                           |                      |                         |   |
| #34 – With grilled shrimps             | Shrimp, fish sauce            |      |                           |                      |                         |   |
| #35 – Bun cha HaNoi                    | Fish sauce                    |      |                           |                      |                         |   |
| #36 – With pan-fried fish              | Cat fish, fish sauce          |      | Sesame seeds              |                      |                         |   |
|  |                               |      |                           |                      |                         |   |

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|---|---|------|---------------------------------|----------------------------|-------------------------------|---------------------------|
| <b>Thin vermicelli wraps</b>              |   |      |                                 |                            |                               |                           |
| #41 – With grilled meat                   | Fish sauce  |      |                                 |                            |                               |                           |
| #44 – With shrimp paste                   | Shrimp,<br>fish sauce   |      |                                 |                            |                               |                           |
| #45 – With grilled meat &<br>shrimp paste | Shrimp,<br>fishsauce  |      |                                 |                            |                               |                           |
| <b>Rice platter</b>                       |   |      |                                 |                            |                               |                           |
| #50 – With grilled meat                   | Fish sauce  |      |                                 |                            |                               |                           |
| #54 – With grilled shrimps                | Shrimp  |      |                                 |                            |                               |                           |
| #55 – General Tao chicken                 |   |      | Sesame oil                      | Soy sauce                  | X                             | [X]                       |
| <b>Stirfries</b>                          |   |      |                                 |                            |                               |                           |
| #60 – Pad Thai                            | Fish sauce,<br>shrimp<br>powder                                 | X    |                                 | Soy sauce                  |                               | Chicken<br>bouillon       |
| #61 – Pad Thai shrimp                     | Shrimp,<br>shrimp<br>powder,<br>fish sauce                      | X    |                                 | Soy sauce                  |                               | Chicken<br>bouillon       |
| #63 – Lemongrass stirfry                  | Fish sauce,<br>oyster<br>sauce                                  |      | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | [X]                       |
| #66 – Ginger stirfry                      | Fish sauce,<br>oyster<br>sauce                                  |      | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | [X]                       |
| #67 – Satay stirfry                       | Fish sauce,<br>oyster<br>sauce                                  |      | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | [X]                       |
| #68 – Curry                               | Fish sauce,<br>oyster<br>sauce                                  |      | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | Chicken<br>bouillon       |
| #80 – Crispy egg noodles                  | Fish sauce,<br>oyster<br>sauce                                  | X    | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | [X]                       |
| #82 – Seafood crispy egg<br>noodles       | Shrimp,<br>squid,<br>scallop, fish<br>sauce,<br>oyster<br>sauce | X    | Sesame oil                      | Soy sauce                  | Corn/potato<br>starch         | [X]                       |

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x: present in small traces

X: unavoidable.

[X]: can be requested without.